AYUDH is an international youth movement, dedicated to empowering young people to contribute to a peaceful and sustainable world and become compassionate leaders with a sense of tolerance, solidarity and global responsibility.

Family Life Skills Center is a place where adults attend gender separate classes to be taught valuable life skills from the curriculum, “Learning to Live, Learning to Love.” Whether you are experiencing marriage problems, are in an abusive relationship or are trying to break patterns of the past to develop or enhance your personal and/or work relationships, Life Skills can help.

GROW in IL is a mutual self help group offering a 12-step program of personal growth to maturity through small weekly meetings. GROW’s caring and sharing community provides rehabilitation and prevention for anyone coping with mental illness, emotional crisis and substance abuse. Groups are non-denominational, anonymous, free, and open to all.

Healing Center provides assistance regardless of economic circumstances, race, ethnicity, or religious affiliation. Those in need can receive help with everything from family or relationship crises to emergency food and clothing to tutoring in preparation for GED tests, financial coaching and job searches.

Lutheran Social Services of Illinois (LSSI) brings healing, justice and wholeness to people of all races, ages, religions and economic circumstances through an array of services at approximately 100 program sites across Illinois. Its major areas of service include Behavioral Health Services, Children’s Community Services Senior Services and Prisoner and Family Ministry.

The Salvation Army nearly 30 million Americans receive assistance from The Salvation Army each year through the broadest array of social services that range from providing food for the hungry, relief for disaster victims, assistance for the disabled, outreach to the elderly and ill, clothing and shelter to the homeless and opportunities for underprivileged children. 82 cents of every dollar spent is used to support those services in 5,000 communities nationwide.

Widow Wednesday is meaningful for widows in our community, sharing God’s love and care for them in visible, practical ways. Sometimes that looks like helping widows and widowers with small tasks they may no longer be able to manage or just spending some quality time with them. We are committed to equipping and empowering others to serve widows in their own lives alongside us.
**Carle Hospice** - www.carle.org/Careers/volunteer

Provide companionship for dying patients and their families. Hospice volunteers are friends, confidants, and links to the community. Many volunteers enjoy playing games, reading books, and helping patients write letters. Volunteers may run errands or even take an afternoon to look at family pictures and share special memories.

**Champaign County CASA** - www.chcocasa.org/get-involved

As a CASA volunteer, you’ll help provide an extra set of eyes and ears for the court and child welfare agencies. You’ll be actively involved in your assigned cases, adopting roles that include not only advocacy, but also frequent contact with the children and caregivers, and coordination and involvement with involved parties.

**Champaign County Children’s Advocacy Center** - www.co.champaign.il.us/cac

The mission of the Children’s Advocacy Center is to coordinate a timely, comprehensive, and multidisciplinary response to child sexual abuse and serious physical abuse allegations in a safe, agency-neutral, child-focused setting.

**Crisis Line** - www.crisiscallcenter.org/howyoucan.html

Crisis Call Center provides crisis prevention and intervention services, information and referral resources, community education and outreach programs and sexual assault advocacy services. In addition to our staff, approximately 70 highly-trained volunteers answer the crisis lines and provide face-to-face advocacy for victims of sexual assault.

**Rosecrance – Champaign/Urbana** - www.rosecrancechampaignurbana.org/volunteers

Rosecrance is a private not-for-profit organization offering behavioral health services including prevention, intervention, detoxification, inpatient and outpatient treatment, experiential therapies, dual-diagnosis care and family education for children, adolescents, adults and families throughout the country.

**The Prairie Center** - www.prairie-center.org/about

The Prairie Center is a nonprofit substance abuse treatment center with a mission to provide the highest quality prevention, intervention, education, and treatment services for alcoholism and chemical dependency, other addictions, and associated conditions to individuals, families, and communities in East Central Illinois.

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**CAMPUS OPPORTUNITIES & REGISTERED STUDENT ORGANIZATIONS**

**Big Brothers Big Sisters UIUC** - www.facebook.com/BBBS-UIUC-171451112961504

The mission of BBBS at UIUC is to increase the number of student mentors in order to meet the need of the hundreds of local kids that are currently on the waiting list. Not only do we match in School Based and Community based matches, we also provide students without transportation the opportunity to be matched by transporting their Littles to the Union every Monday to hang out with their Bigs.

**Human Development and Family Studies Ambassadors** - www.hdfsambassadors.weebly.com

HDFS Ambassadors is a student group committed to creating a welcoming environment and promote mentoring among peers. HDFS Ambassadors engage in a variety of departmental and community service.

**New Life Volunteering Society (NLVS)** - www.facebook.com/NewLifeVolunteeringSocietyUiuc

NLVS helps to serve the homeless, the hungry, the mentally and physically disabled, and the underprivileged in and around the Champaign County community

**School of Social Work** - http://socialwork.illinois.edu/alumni-giving/engagement-resources/volunteer-opportunities

The School of Social Work serves the citizens of Illinois by linking knowledge development to community needs, by educating students for public service in child welfare, health care, mental health, and school settings, and by sharing the School’s resources with the community.