Elder Helpers - www.elderhelpers.org

“Elder Helpers is a user-friendly, web-based service. We believe that compassion at its finest is free. Volunteers register to offer their services based on their true desire to help elders. The Elder Helpers program strives to safely and conveniently connect these dedicated, passionate volunteers with elders in their local communities. We are a tax-exempt 501(c)(3) public benefit corporation (nonprofit) established in the United States since 2008.”

National Association for Home Care & Hospice (NAHC) - www.nahc.org

NAHC is a nonprofit organization representing 33,000 home care and hospice organizations nationwide. NAHC advocates for over two million nurses, therapists and other care givers employed by these organizations to provide yearly in-home services to 12 million Americans who are severely ill or disabled.

The Meals On Wheels Association of America - www.mealsontwheelsamerica.org/take-action/volunteer

“The Meals On Wheels Association of America (MOWAA) is the oldest and largest organization in the United States representing those who provide meal services to people in need. MOWAA’s mission is to provide visionary leadership and professional training and to develop partnerships that will ensure the provision of quality nutrition services to seniors in need.”

The Senior Hub - http://seniorhub.org/our-agencyour-agency/volunteer-opportunities

“The mission of The Senior Hub is to advance the quality of life for older adults through advocacy, community partnerships, and a variety of direct services planned to sustain an independent, healthy aging experience.”

Champaign County Nursing Home - www.co.champaign.il.us/CCNH

“The Champaign County Nursing Home has been providing loving, rehabilitative and memory care services to senior citizens for 100 years. The Adult Day Care provides daily services to local caregivers and members of the community who prefer the sustainability and security of a day care center opposed to staying at home. The Champaign County Nursing Home seeks volunteers interested in working within the activity department, adult day care or laundry department.”

Champaign Urbana Nursing and Rehab - http://www.cunr.net/

“Champaign Urbana Nursing & Rehab Center is a 213 bed skilled nursing facility in Central Illinois in Champaign County. We are located in the Savoy neighborhood next to the Champaign and Urbana communities. Champaign Urbana Nursing & Rehab Center specializes in providing health care to individuals in need of skilled nursing care for an extended period or for short-term rehabilitation. Our healthcare services include Wound Care, IV & Nutritional Services, Drain Management, Respiratory and Tracheostomy care and Physical, Occupational and Speech Rehabilitation Therapy in a skilled nursing environment.”

Office of Volunteer Programs

SENIOR CITIZENS

STATE, NATIONAL & GLOBAL AGENCIES

- Elder Helpers - www.elderhelpers.org
- National Association for Home Care & Hospice (NAHC) - www.nahc.org
- The Meals On Wheels Association of America - www.mealsontwheelsamerica.org/take-action/volunteer
- The Senior Hub - http://seniorhub.org/our-agencyour-agency/volunteer-opportunities

CHAMPAIGN-URBANA ORGANIZATIONS

- Champaign County Nursing Home - www.co.champaign.il.us/CCNH
- Champaign Urbana Nursing and Rehab - http://www.cunr.net/
• **Clark-Lindsey Village** - www.clark-lindsey.com
  “Clark-Lindsey Village is a not-for-profit retirement community located on the edge of UIUC in Urbana, IL. This retirement community has been operating for over 30 years by providing senior citizens great services, living environments and opportunities to explore new experiences, relationships and facilities that promote health and fitness. Clark-Lindsey Village is always looking for new volunteers to work in groups or individually. Volunteer opportunities range from greeting and directing visitors at the front desk to leading or assisting with fitness and exercise classes.”

• **Faith in Action** - www.presencehealth.org/foundation-where-to-give-presence-united-samaritans-medical-center-faith-in-action
  “The mission of Faith in Action is to provide spiritual, emotional, and physical assistance to seniors with long-term health needs and their caregivers. This help is provided through an interfaith network of trained volunteers of all ages, from congregations and organizations in the community.”

• **Family Service** - www.famservcc.org/volunteer
  “Family Service of Champaign County is a private, non-governmental, not-for-profit organization. Founded in 1911, we are the oldest private social service agency in Champaign County and have provided continuous service to families and individuals for more than 100 years. Our mission is supporting people across the generations by providing quality human services.”

• **Meadowbrook At Clark-Lindsey Village** - www.cl-meadowbrook.com
  “Meadowbrook At Clark-Lindsey Village is the facility for Assisted Living and Nursing Care for senior adults. This health center has been dedicated in providing the Champaign area over 25 years of long-term care. Moreover, Meadowbrook’s newly expanded renewal therapy center offers physical, occupational and speech therapy services Monday through Friday.”

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**CAMPUS OPPORTUNITIES & REGISTERED STUDENT ORGANIZATIONS**

• **Fitness for the Ages** - http://publish.illinois.edu/fitnessfortheages/sample-page
  “Our mission is to provide the elderly with physical fitness in order to promote their bone strength, reduce stress and help prevent the onset of disease. We will achieve this through regular sessions of activity because fitness never gets old!”

  “Senior Citizens includes one-on-one visits to residents at nursing homes, playing bingo with residents, community clean-up projects, special events for different holidays, and the Senior Prom, which is a dance true to its name. Volunteers not only gain enduring friendships but also invaluable insight into life.”